Living Faith Beyond Sunday Through Everyday Choices

Dr. Christopher J. Betner Sr. guides readers through James to connect biblical teaching with everyday Christian living.

Author Dr. Christopher J. Betner Sr. presents *Life Between Sundays: A Journey through James*, a practical Christian living book that challenges readers to move beyond weekly worship and put their faith into action throughout everyday life. Drawing on the biblical book of James, Betner addresses the difference between what believers profess and how they demonstrate their faith through their words, decisions, relationships, and responses to life's challenges.

Many Christians find encouragement and spiritual direction during Sunday worship but struggle to maintain that same commitment when facing the pressures of everyday life. Through this book, Betner examines that disconnect and encourages readers to recognize that spiritual growth is not limited to church services, Bible studies, or devotional routines. Instead, genuine Christian character becomes visible in ordinary moments, including difficult conversations, workplace interactions, family responsibilities, and personal struggles.

The book takes readers through the five chapters of James, connecting biblical teachings with practical situations they encounter throughout the week. It explores important subjects such as perseverance through trials, overcoming temptation, developing genuine faith through action, controlling speech, seeking godly wisdom, surrendering personal agendas, and building Christ-centered relationships.

Rather than offering inspiration alone, Betner emphasizes practical application. Readers are encouraged to examine their habits, identify areas where their actions do not reflect their beliefs, and take meaningful steps toward personal transformation. The book also highlights the importance of prayer, accountability, honesty, generosity, patience, and supporting members of the Christian community.

Life Between Sundays offers a message for both new and experienced believers. Its central message is that attending church is an important part of Christian life, but the lessons received through worship and Scripture must also influence how people live once they return to their homes, workplaces, and communities.

Through biblical reflection, relatable examples, personal experiences, and actionable exercises, Betner invites readers to develop a faith that is consistent, practical, and visible throughout the week. The book ultimately reminds readers that Sunday is not the finish line of their spiritual journey but the starting point for living out their beliefs every day.

About the Book

Life Between Sundays: A Journey through James by Dr. Christopher J. Betner Sr. is a Christian living and devotional book focused on applying the teachings of James to everyday experiences. Covering themes of trials, temptation, faith and works, speech, wisdom, personal surrender, prayer, and Christian community, the book provides readers with practical guidance for developing spiritual maturity. Through reflection questions and specific action steps, it encourages believers to move from simply hearing the Word to actively living it in their daily relationships and responsibilities.

About the Author

Dr. Christopher J. Betner Sr. is a Christian author whose writing grows out of his devotional life, biblical study, and commitment to serving the Lord. His work reflects a desire to help believers develop a deeper understanding of Scripture and apply its teachings to everyday life. His journey through the book of James began as a five-week assignment with the Delval Church community and developed into a six-month study that inspired this book. Through *Life Between Sundays*, he shares practical biblical insights intended to challenge, encourage, and support readers in their spiritual growth.

Media Inquiry

For interviews, book information, review opportunities, or additional media inquiries regarding *Life Between Sundays: A Journey through James* by Dr. Christopher J. Betner Sr., please contact:

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